



North American Enduro Cup 2023 Rulebook

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1. Introduction

The North American Enduro Cup (NAEC) stands out among enduro mountain bike races. In addition to being one of the longest-running, standalone enduro races in North America, it continues to draw on the original French roots of enduro mountain bike racing. Each year, competitors are treated to new trails that are debuted at the race, and trails that are purpose built only for the NAEC.

This Rulebook outlines the specific rules, regulations, and requirements for competition in the NAEC. Competitors are presumed to have read this Rulebook and are responsible for knowing the rules contained herein.

The NAEC Organizers reserve the right to amend these rules at any time. If there is any dispute about the application of these rules, the NAEC Organizers have the final say as to how the rules are interpreted and applied to any specific situation.

While this rulebook sets forth the rules that govern a competitor's participation in the NAEC, the NAEC Organizers reserve the right, in their sole discretion, to make a binding determination about any situation not addressed by these rules. The determination shall be fair to the competitor(s) directly involved in the unaddressed situation as well as to the rest of the competitors unaffected by the unaddressed situation. The determination will also consider external factors, such as safety, reasonableness, the integrity of the NAEC, the integrity of the sport and racing, the environment, the welfare of competitors, and the public's perception of mountain biking.

This Rulebook was authored by the NAEC Organizers. For consistency, this Rulebook follows the general format and contains similar sets of rules found in other enduro mountain bike race rulebooks. However, this Rulebook does contain NAEC-specific rules.

So, grab a beverage, snuggle up, and get ready to dive into some light bedside reading. Welcome to the 2023 NAEC Rulebook.

2. Definitions

The following definitions are provided to assist the reader of this Rulebook and help them to understand the intention of the rules herein. If there is a word or use of a phrase that is subject to more than one interpretation, the interpretation of the author of this Rulebook shall control.

NAEC Organizers	Willy Bartlett and Tony Zammit or their delegates.
Competitor	An individual who has registered for and is participating in the NAEC.
Transfer	The predominantly ascending route that leads to the start of a Race Stage.
Race Stage	The predominantly descending route during which competitors are timed.
Race Course	The combination of Transfers and Race Stages in the order prescribed by the NAEC Organizers.
Practice	The time before the Race Days prescribed by the Race Organizers for competitors to observe and ride the Race Course.
Race Day(s)	The prescribed days on which the competitors will compete against each other on the Race Course.
Course Marshall	The individuals assigned to various roles by the Race Directors for the administration of the NAEC, including start/finish zones, timing, and check in. Any

	person with a “STAFF” race plate on their bicycle is a Course Marshall, but not all Course Marshalls may have this race plate.
Course Cutting	Leaving the Race Course, intentionally or unintentionally. This includes, but is not limited to, completing Transfers or Race Stages in the incorrect order, by deviating from the Race Course (including to access Competitor Support described in Section 10) or obvious trail, or by passing, missing, crossing tape or gates incorrectly.
NAEC Website	www.naenduro.com

3. NAEC Organization

This Section 3 describes the general organization of the NAEC. This is not intended completely describe the organization of the NAEC. Rather, it provides a broad layout of the major parties and their roles at the NAEC.

The NAEC Organizers are responsible for the running of the NAEC. This includes the event registration, timing, vendor area, media, course design, course construction, course marking, and sponsors. We strive to provide a race that exceeds top-tier enduro races found anywhere else in the world while still maintaining a safe and enjoyable experience for competitors.

The host of the NAEC is Silver Mountain Resort. It is responsible for the mechanical uplift of the competitors, trails within the Silver Mountain Bike Park, and for providing Bike Patrol as first responders for first aid/medical.

Neutral Support assists competitors participating in the NAEC as described in [Section 10](#).

Competitors are responsible for knowing and following these rules, being fair, stewards of the land, and respectful towards other competitors, NAEC Organizers, and the Silver Mountain Resort/Silver Mountain Bike Park staff.

4. Categories

The Categories for the 2023 NAEC are listed below. All categories with age restrictions follow the common rule that the competitor’s age is determined as of December 31 of the year they register for the NAEC.

The 2023 NAEC categories are:

- Pro Men, Pro Women
- E-Bike Men, E-Bike Women
- Hardtail Open (will race Pro/Expert Course)
- Jr Expert Boys 17&U, Jr Expert Girls 17&U
- Expert Men 18-20; Expert Women 18-20;
- Expert Men 21-34, Expert Women 21-34
- Expert Men 35-49, Expert Women 35-49
- Expert Men 50+, Expert Women 50+
- Jr Sport Boys 17&U, Jr Sport Girls 17&U
- Sport Men 18-34, Sport Women 18-34
- Sport Men 35-49, Sport Women 35-49

- Sport Men 50+, Sport Women 50+

A competitor may choose to participate in any appropriate category of their choosing, provided they adhere to the age limitations.

No licenses are required to participate in the NAEC.

5. The NAEC Race Course

A hallmark of the NAEC is the Race Course. Each year, new trails deliver new experiences for competitors. Raw, fresh-cut, and even event-only Race Stages create a true test of the competitor's fitness and skill on a mountain bike.

The NAEC follows conventional enduro mountain bike race format, with an untimed Transfer (sometimes called "liaison stages") that leads to the Race Stage (sometimes called "special stages") where competitors are timed.

5.1 General Race Course Format

The Race Course will generally formatted as:

- Transfer 1 to Race Stage 1
- Transfer 2 to Race Stage 2
- Etc., until all the Race Stages are completed.

The number of Transfers and Race Stages at the NAEC may vary from year to year, but this general format will remain the same. The first Transfer of each Race Day will start at a designated location. All other Transfers will begin at the end of the immediately completed Race Stage and lead to the next Race Stage.

The Transfers and Race Stages are set forth in a specific order by the NAEC Organizers. This is typically in increasing numerical order, with the Transfers preceding the Race Stages. All the Transfers and Race Stages in the specified order are what comprise the Race Course.

Failure to complete the Transfers and Race Stages in the specified order will be deemed as course cutting and may be subject to a time penalty or disqualification from the NAEC, even if the result of the deviation from the Race Course results in the competitor travels a longer distance than the Race Course specifies. See [Section 13](#) for more information. This includes, but is not limited to, accessing Neutral Support or the Bag Check on a Race Day if access causes the competitor to deviate from the established Race Course.

5.2 Transfer Stages

Each Transfer will be predominantly uphill. At the discretion of the Race Organizers and Silver Mountain Resort, mechanical uplift, including the gondola and chairlifts, may be used for a part or the entirety of a Transfer. As discussed in [Section 8.4.3](#), time cut-offs for Transfers may be imposed by the NAEC Organizers on some or all the Transfers.

Some Transfers may utilize city streets and other public infrastructure in Kellogg, Idaho. These Transfers require that all competitors follow applicable law, including speed limits, stopping where required, and

yielding to pedestrians. Competitors who do not follow the law may be subject to civil and criminal penalties as provided by law as well as disqualification from the NAEC.

Some Transfers may utilize the Trail of the Coeur d'Alenes. This paved bike and pedestrian trail goes from the eastern-most part of the Silver Mountain Bike Park to the base of the Silver Mountain Resort gondola. Competitors using the Trail of the Coeur d'Alenes must follow all laws, posted signs, and be stewards of the sport and the event to other trail users while using the Trail of the Coeur d'Alenes.

Transfers, or portions of Transfers, may be open to the public during the event.

5.3 Race Stages

The NAEC's Race Stages are the timed portions of the race. The time of all the Race Stages at the NAEC added together is what determine the overall positions of the competitors in their respective category.

Race Stages will follow a predominantly descending route and focus on testing the rider's technical skills. Race Stages may include climbing sections. Some of the trails used for Race Stages will be within the Silver Mountain Bike Park, and others may not be within those same boundaries.

Race Stage surfaces range from machine-built bike park trails to raw, fresh cut tracks with little or no previous bicycle traffic and no obvious lines to follow. Competitors are responsible for navigating this varied terrain. Some Race Stages include man-made wooden features. There are ride-arounds available for these features. All features within the bike park are built and maintained according to the Silver Mountain Bike Park.

The Sport categories will not complete the same number of Race Stages as the pro, expert, hardtail open and e-bike categories. The e-bike categories may include an additional, e-bike specific Power Stage as described in [Section 14.2](#). The necessary information about which Race Stages each category will have as a part of the Race Course will be available on the NAEC Website when the Race Course is published before the event (see [Section 5.4](#)) and discussed at the Mandatory Racer Meeting (see [Section 8.3](#).)

Race Stages are closed to the public during the event.

5.4 Race Course Announcement

The Race Course will be posted at the NAEC Website and is not available until it is posted. The NAEC Organizers will post the Race Course on Thursday evening before the event to ensure that competitors have time to learn the Race Course before Friday Practice and the NAEC race weekend.

6. Competitor Communication

The primary method for communications for competitors is:

- The Mandatory Racer Meeting described in [Section 8.3](#); and
- The NAEC Website.

Other forms of communication may be used to supplement these such as printed material at the Race HQ, Trailforks (www.trailforks.com), or the NAEC Official social media channels.

If the NAEC Organizers have provided information at the Mandatory Racer Meeting described in [Section 8.3](#) or on the NAEC Website, the presumption is that the competitor has received and is responsible for knowing what has been communicated.

7. Course Marking

While the NAEC Organizers install course marking to assist competitors during Transfers and Race Stages, the competitor bears the ultimate responsibility to know and follow the Race Course established and published at the NAEC Website.

Deviation by a rider from the established and published Race Course, including all parts of a Transfer or Race Stage, regardless of the existence of installed course marking that exists, has been removed, altered, or has been damaged from its original installed condition, shall be deemed as course cutting and result in a time penalty or disqualification. See [Section 13](#) for more information. Competitors have an opportunity to cure and avoid a time penalty or disqualification by following the procedure described in [Section 7.1](#).

The overriding rule that governs whether a rider is on or off the Race Course established and published by the NAEC Organizers is: the trail is the Race Course and the Race Course is the trail. Except where an obvious trail is not present due to the raw, fresh cut trails used for the NAEC, the course follows the obvious trail or combination of trails that are the route established and published by the NAEC Organizers. Where raw, fresh cut trails are a part of a Race Stage, tape will be used on both sides to designate the Race Course.

7.1 Tape

Tape is installed to create sight lines to assist a competitor as well as to establish sections of trail that a rider must pass by or through. Tape is typically used on Race Stages, but may be present on Transfers. The following rules apply to Transfers and Race Stages.

Tape may be installed in an elevated position or on the ground. It is the competitor's responsibility to observe and adhere to the direction provided by the installed tape regardless of it being elevated or on the ground.

Tape may be installed on only one side of a Race Stage. This will usually occur on the downhill side of a trail or to mark an obvious area where a competitor must travel through. In these instances, the competitor must stay on the obvious trail and not miss, cross, or pass course tape on the incorrect side. Tape on one side of the course can also be used to provide competitors with a sight line for the established Race Stage.

Where tape is installed on opposite sides of the Race Course, either an elevated position or on the ground, the competitor must pass between the course tape. In these areas, missing, crossing, or passing the course tape on the wrong side will be deemed as course cutting.

If a competitor misses, crosses, or passes course tape on the wrong side, whether installed on one side of the Race Course or both sides of the Race Course, they have left the Race Course and have committed a course cutting violation and will receive a penalty as described in [Section 13](#). A competitor may avoid a course cutting violation and the associated time penalty or disqualification if the competitor reenters the

Race Course at the same place they missed, crossed, or passed the course tape. Failure to reenter the Race Course at the same place will be deemed as course cutting.

7.2 Gates

Like tape installed on opposite sides of the course, where two NAEC markers are present on both sides of the trail, a competitor must pass between the gates. Missing, crossing, or passing the markers on the wrong side will be deemed as course cutting.

7.3 Transfer Markings

Transfers will be marked with colored, branded arrows. For 2023, the transfer arrows are orange. Transfer arrows will be installed along Transfers as necessary to assist competitors. Tape may also be installed to guide competitors on the Transfers.

7.4 Changes to Course Markings

Final course marking will be installed by the end of Practice. However, there are circumstances which require the NAEC Organizers to restore or alter course markings after this time, including during the race. These circumstances include but not limited to a competitor damaging or destroying installed course markings inadvertently, nefarious actors, or wildlife. In these situations, when installed course marking is reported as damaged or altered from the installed condition, the NAEC Organizers will endeavor to restore the damaged or altered course markings to their original condition as quickly as possible. The primary method for this is to call a Race Stage hold for the impacted Race Stage and have a person authorized by the NAEC Organizers restore the damaged or altered course markings. Consistent with the requirements in [Section 3](#) and this [Section 7](#), competitors who have started or already completed the Race Stage prior to the hold on the affected Race Stage and repair/restoration of the course markings will not be permitted to restart that Race Stage.

7.5 Line Choice on Race Stages

All lines ridden by a competitor must be in consistent with [Section 3](#) and this [Section 7](#). As a general rule, a rider may deviate no more than three feet/one meter from either side of the obvious trail.

Where there is tape or gates on both sides of the Race Course, a competitor may choose any line between the tape or gates.

Where tape is installed on one side of the trail, a competitor must not miss, cross, or pass the tape on the side where the tape is installed, and may deviate no more three feet/one meter from the obvious trail on the side without the tape.

8. NAEC Format

This Section 8 provides the general format of the NAEC. It is comprised generally as a combination of Check In, Practice, Mandatory Racer Meeting, Race Days, and Podiums and Awards.

8.1 Check In

Competitors must check in during the times designated by the NAEC Organizers. These times will be posted on the NAEC Website.

If a competitor fails to check in during the times allotted by the NAEC Organizers (or in accordance with a special accommodation made in advance with the Race Organizers), the competitor will not be permitted to participate in the NAEC.

8.2 Practice

Practice is highly recommended by the Race Organizers for competitors. Familiarity with the Race Course, the terrain, and the general layout of the venue is important. However, a competitor is not required to participate in Practice. Competitors who wish to take part in Practice must purchase a Silver Mountain Bike Park lift ticket.

Practice for the NAEC is open only during the designated times as posted on the NAEC Website. However, the Silver Mountain Bike Park may be open for its general operations for days or weeks before the event. Competitors are welcome to use the Silver Mountain Bike Park during normal hours prior to the NAEC after purchasing a lift ticket and may ride any official Silver Mountain Bike Park trail.

The Silver Mountain Bike Park is predominantly on private property. Any competitor attempting to ride the Silver Mountain Bike Park or survey/practice the Race Course outside of normal Silver Mountain Bike Park hours or the times prescribed for Practice by the NAEC Organizers shall be disqualified.

8.2.1 Shuttling

There is a strict no shuttling policy for the NAEC. This no shuttling policy is in place to respect the private land ownership described in [Section 8.2](#).

Shuttling at any time during Practice or on Race Days, including but not limited to by means of private or team vehicle or ebike, is strictly prohibited. Any competitor who shuttles will be disqualified.

8.3 Mandatory Racer Meeting

The NAEC Organizers will hold a Mandatory Racer Meeting after Practice. The time that this meeting will take place will be posted on the NAEC Website.

Attendance at the Mandatory Racer Meeting is mandatory for all competitors. It is the competitor's responsibility to receive all the information presented and follow all instructions provided by the NAEC Organizers at the Mandatory Racer Meeting.

8.4 Race Days

The 2023 NAEC takes place over two days. Competitors are required to complete all Transfers and Race Stages prescribed for their chosen category on both days to be considered in the results. Of note, sport competitors will typically have fewer Transfers and Race Stages than pro and expert riders as described in [Section 5.3](#).

Transfers lead to Race Stages, where competitors will have individual starts for all timed stages. Race Stages will use 30 second intervals for starting competitors on each stage. If, in the sole discretion of a Course Marshall, a longer interval is required, the Course Marshall may increase the interval to a time longer than 30 seconds. This discretion should not be exercised where a competitor has become delayed due to fitness, effort, or similar issue. In those instances, it is the responsibility of the competitor to safely pass the competitors in front of them during their Race Stage.

8.4.1 Call Ups

Competitors must be present at their Call Up time. Call Ups are used to send riders off at specific intervals based on category. Typically, the pro riders will be the earliest call up time, followed by expert and sport riders. Call up times will be posted by the NAEC Organizers at the NAEC HQ.

Call Up times will be posted on the NAEC Website and available at the NAEC HQ.

8.4.2 Seeding

The NAEC follows a self-seeding format. Generally, pro riders are expected to be the first ones to arrive at the start of each Race Stage, followed by expert riders, then sport riders. The competitors should discuss and organize themselves while waiting to begin their Race Stage. Where a faster competitor has become delayed, the Course Marshall at the start of a Race Stage may, in their sole discretion, permit the delayed competitor to advance to the front of the line provided it is not a situation described in [Section 8.4](#).

8.4.3 Transfer Cutoff Times

Cutoff times for Transfers may be imposed by the NAEC Organizers on some or all the Transfers. The cutoff time is when the competitor must be staged and waiting to start the Race Stage that immediately follows the Transfer with the cutoff time. Failure to arrive at the start of the Race Stage immediately following the Transfer with the cutoff time can result in a time penalty or disqualification. See [Section 13](#) for more information.

The purpose of imposing a Transfer cutoff time is to ensure that each Race Day is completed in a timely fashion.

8.5 Podiums and Prize Money

Podiums will take place on the last Race Day after all the competitor's timing chips have been collected and accounted for and the official results have been tabulated. The top five competitors from each category will be awarded a medal.

Competitors must attend the podiums to collect their medal. Failure to attend the podiums may result in forfeiture of the medal and any prizes.

Prize money is for the top five competitors in the pro men's and pro women's categories. The prize money amounts are provided at the NAEC Website. Competitors are responsible for all taxes, tax filing obligations, and compliance with any law or regulation, including but not limited to the laws of the United States, the state of Idaho, and the competitor's state of residence as a result of accepting the prize money.

All top five pro competitors must attend the podiums. If a top five pro competitor fails to attend the podium ceremony it may result in that top five competitor forfeiting any medals, awards, and prize money.

9. Equipment

Each rider must be self-sufficient during the entire duration of the race. Personal responsibility and self-sufficiency is a large part of the spirit of enduro racing and riders should carry adequate equipment for

racing and riding in mountainous environments. Each rider should remember that they are solely responsible for themselves.

It is strongly recommended that all competitors carry:

- Suitable backpack or hip pack
- Waterproof jacket
- Emergency blanket
- Spare tubes/puncture repair kit
- Multitool
- Basic, well maintained first aid kit
- Map/cell phone
- Food and fluids
- Eye protection (glasses or goggles)
- Emergency contact information for the Silver Mountain Bike Patrol

9.1 Race Plates

The NAEC Organizers will provide all competitors with a race plate. The Race Plate must be installed on the competitors' handlebars with the race number assigned to the competitor visible all times on Race Days.

9.2 Timing Equipment

The NAEC Organizers will provide all competitors with timing equipment for the race when competitors check in for the race. Competitors must use the timing equipment in accordance with the instructions provided at the Mandatory Racer Meeting described in [Section 8.3](#). Competitors who lose or damage timing equipment will be subject to a fee of \$150.00.

9.3 Safety Equipment

All competitors must always wear a helmet while participating in the NAEC, including Practice. The NAEC Organizers recommend that all competitors wear a downhill-rated full-face helmet, gloves, and body armor while riding their bicycle.

Competitors are permitted to remove their helmets at the top of each Transfer only when they have dismounted their bicycle. A competitor must have their helmet correctly fitted and secured before mounting their bicycle to ride a Transfer or a Race Stage. The correct fitting, condition and suitability of the competitor's helmet is the sole responsibility of the competitor. Any competitor observed competing without a helmet will be immediately disqualified. No exceptions will be given.

9.4 Bicycle Equipment and Requirements

One of the principal foundations of enduro mountain bike races is that a competitor must be able to harmonize their skill and technical ability with their bicycle for the entire course. This requires a competitor to ensure that the competitor and their bicycle can complete the event.

Only one frame, one front and rear suspension unit (fork/rear shock) and one pair of wheels can be used by a competitor at the NAEC. The same frame, fork/rear shock, and pair of wheels must be used for both Race Days and may not be substituted between Race Days except as otherwise provided by this [Section](#)

9. The NAEC Organizers may require that frame, suspension units, and wheels be individually marked to ensure compliance with this rule. Any part of a bicycle may be replaced after Practice.

Any rider needing to replace a frame, a fork/rear shock, or a wheel during the competition must present the broken item to a Race Director. Only upon approval of a Race Director may a rider replace a frame, a suspension unit, or a wheel during the competition. If individual markings are used, following the repair the rider must return to the Race Director to have the replacement part(s) re-marked before rejoining the race.

A three-minute time penalty will be applied to every rider who replaces the equipment listed above. Any rider found to have replaced these parts without consent from a Race Director will be disqualified.

Parts other than those listed above may be replaced by Neutral Support described in [Section 10.1](#), Team Support consistent with [Section 10.2](#), and from the Bag Check described in [Section 10.3](#).

10. Competitor Support

This Section 10 describes the support competitors can take advantage of as well as describing outside assistance which is prohibited. Keeping with the spirit and roots of enduro mountain biking, competitors participating in the NAEC are expected to be self-sufficient for on Race Days. Notwithstanding, the NAEC Organizers recognize that support for competitors is an important part of a safe and enjoyable experience.

10.1 Neutral Support

The NAEC works with its sponsors and industry partners to provide Neutral Support to competitors. Official neutral support is provided for competitors only. Sponsors and industry partners that provide Neutral Support to competitors at their sole discretion to competitors, subject to the limitations of the tools, equipment, or knowledge of the individuals who are providing Neutral Support.

Neutral Support may only be provided to competitors by vendors approved by the NAEC Organizers. Use of unapproved Neutral Support constitutes receiving improper outside assistance and will result in a time penalty or disqualification. See [Section 13](#) for more information.

Competitors are permitted to visit and receive Neutral Support as described in this [Section 10](#) at any time during Practice. A competitor may visit and receive Neutral Support on Race Days provided the competitor does not violate a rule provided in [Section 5](#), specifically noting the requirement to follow the established Race Course and to complete the Transfers and Race Stages in the correct order.

10.2 Team Support

Teams of competitors are permitted to assist their teams only if they are approved by the NAEC Organizers and the support is provided by the team in the Neutral Support area.

10.3 Bag Check

The Bag Check is a space designated by the NAEC Organizers to provide Competitors with a stash food, beverages, and any equipment needed for the first Race Day. The NAEC Organizers may provide a Bag Check for the first Race Day. The Bag Check is not available on the second Race Day.

The Bag Check is available for all competitors and is considered Neutral Support. This is the designated area where riders may access equipment not on their person while racing on Race Days or provided by another competitor in accordance with [Section 10.4](#). Anything that a competitor wants, or thinks they want, to have available to them on Race Days must be in a medium-size duffle bag, rolling bag, etc., and be checked into the Bag Check and marked with the competitor's race plate number (the NAEC Organizer. Loose items are not permitted in the Bag Check.

A competitor can access the Bag Check area while racing and access the items they stashed there. When a competitor is not racing, the Bag Check is available only during the designated times set forth by the Race Organizers. Competitors must pick up any items from the Bag Check at the end of each Race Day, and they are allowed to restock/resupply their bags between Race Days.

Any competitor accessing the Bag Check during Race Days must be done in accordance with [Section 5](#) and this [Section 10](#).

The Bag Check will be staffed. However, the NAEC Organizers are not liable for any damaged, lost, misplaced, or stolen items from the Bag Check.

10.4 Outside Assistance

Enduro mountain bike racing is intended to be self-supported. Competitors are expected to be able to complete each Race Day without any outside assistance. Competitors should plan accordingly with adequate water, nutrition, and supplies to support their racing efforts. This is commensurate with the requirement that a competitor is responsible to know the course as set forth in [Section 5](#).

Any competitor receiving outside assistance from a non-competitor (excluding Neutral Support described in this [Section 10](#)), will be receive a time penalty or be disqualified. See [Section 13](#) for more information.

Outside assistance includes but is not limited to:

- Stashing food or supplies for use during the race.
- Accessing or visiting a personal or team vehicle, RV, camper, camp site, accommodation, hotel room, after starting the first Transfer of each Race Day and before finishing the final Race Stage of each Race Day.
- Using any establishment in Kellogg for food, beverages, energy or nutritional supplements, repairs, or equipment during the race. A competitor may acquire plain/still water from an outside source.
- Team staff/outside help are not permitted to carry equipment around the course or perform repairs during the race outside of the Neutral Support area.
- Disclosing or attempting to learn the NAEC course prior to the official announcement is considered outside assistance.
- Use of a proxy for anything that is the competitor's responsibility.

Competitors **are not** receiving outside assistance in the following situations:

- Accessing Neutral Support as described in [Section 10](#).

- Use of official water and feed stations installed throughout the race course installed at the discretion of the NAEC Organizers. Information about water and feed stations will be communicated during the Mandatory Racer Meeting described in [Section 8.3](#).
- Accessing water at the base of the Gondola or at the top of the Silver Mountain Bike Park.
- Accessing water for consumption from an establishment in the city of Kellogg.
- Receiving assistance with a mechanical issue on a bicycle, using tools or parts (except for a frame, fork/rear shock, or wheels as specified in [Section 9](#)) from another competitor, or accepting water or nutrition from another competitor.

11. Results

The Official NAEC Results will be calculated by adding all Race Stages times together for each competitor. Official NAEC Results will be posted in the Race HQ and on the NAEC Website.

In the event of unforeseen or extreme circumstances, the NAEC Organizers may withdraw a Race Stage from being included in the overall times used to determine the results.

In the event of a tie between two or more competitors, the competitor with the faster time of the final Race Stage will determine the higher final placing for the tied competitors. If the final Race Stage is also a tie between the two competitors, then the faster time of the penultimate Race Stage will be used to determine the final higher placing for the tied competitors. If there is still a tie after the penultimate Race Stage tiebreaker, then the competitor with the fastest time of the Race Stage immediately preceding the penultimate Race Stage will determine the higher final placing. If there is still a tie, then the rest of the Race Stages in descending order will be used to determine the higher final placing.

If it is a perfect tie for all the Race Stages on both days, then the higher final placing will be determined for the tied competitors with a tire changing competition at the podiums.

12. Safety

Safety is extremely important and any rules relating to safety must be followed by all competitors. Competitors will be informed at the pre-race meeting of emergency contact details that can be used in the event of an accident on course. **The Silver Mountain Bike Patrol telephone number is (208) 784-1943.** This telephone number is also posted throughout the Silver Mountain Bike Park and will be provided to competitors. If a serious or life-threatening injury is suspected, call 911.

As with all outdoor activities, mountain bike racing is dangerous and can lead to serious injury or death. Competitors are expected to always ride within their abilities and must understand that by competing in the NAEC, the competitors assume all risks associated with mountain biking, racing, and participating in outdoor activities.

Competitors will be informed at the pre-race meeting of emergency contact details for the Silver Mountain Bike Park that can be used in the event of an accident on course. Dialing 911 from a telephone can be used for emergency situations.

12.1 Rider Down Rule

The NAEC uses the “Rider Down” rule. If a competitor sees another competitor who is down, they must get a verbal response from the down rider that they are ok before proceeding. If the down rider requests

assistance or is unresponsive, the competitor must stay with the down competitor. If possible, that competitor should contact the Silver Mountain Bike Patrol, or, if life-threatening injuries are suspected, call 911. The second competitor who comes to the down rider must immediately proceed to the nearest Course Marshall to inform them of the down competitor so that the Silver Mountain Bike Park Bike Patrol can be dispatched and to ensure the initiation of a hold on that Race Stage.

Any competitor who stops and helps a down competitor as described above during a Race Stage will have the option to restart their interrupted Race Stage or take an average place from their other Race Stages. While sometimes infeasible, the NAEC Organizers will make every possible effort to provide a mechanical uplift to those competitors to the start of the Race Stage.

A competitor who fails to stop for a down rider who is unresponsive or requests assistance will be disqualified from the NAEC and banned from any future NAEC.

12.2 Concussions and Head Injuries

Any competitor who has a positive mechanism for a head injury will be assessed by the Silver Mountain Bike Park Bike Patrol or other medical first responder. If, in the sole discretion of the Silver Mountain Bike Park Bike Patrol or other medical first responder, the competitor is deemed unfit to continue, the competitor will be removed from the Race Course and is forbidden to participate from further practice or competition for that day. If a competitor is removed, they can participate in a subsequent Race Day if they provide a doctor's note to the NAEC Organizers confirming that they are fit for participation in the NAEC.

12.3 Other Safety Rules

Competitors must follow all instructions and directions provided by the NAEC Organizers, Course Marshalls, Silver Mountain Resort staff, Silver Mountain Bike Park staff, and any law enforcement not described in this Rulebook.

Disruptive or aggressive behavior towards any other person may disqualify any competitor if the competitor exhibits disruptive or reckless behavior that endangers themselves or others.

The NAEC Organizers reserve the right to hold or cancel Practice, Transfers, Race Stages, and the podiums the event in case of emergency, severe weather, or unforeseen circumstances. If this occurs for the podiums, the attendance requirements in [Section 11](#) do not apply.

13. Rule Violations

This Section 13 describes the penalties associated with a violation of a rule in this Rulebook, the reporting of a violation of a rule, and the appeal process for competitors who have received a time penalty or disqualification.

13.1 Penalty Summary

The variance in the time penalty will be determined by the NAEC Organizers and, where this Rulebook provides discretion, is dependent on the severity of the violation. This list does not contain all rule violations and associated penalties; it provides the penalties for the most common rule violations.

- Not stopping for a down rider as provided in [Section 12.1](#): Disqualification.
- Course Cutting: From 2 minutes to disqualification.

- Shuttling: Disqualification
- Outside Assistance: From 3 minutes to disqualification.
- Helmet not worn properly: Disqualification
- Missing a Call Up time:
 - Up to 15 minutes late: The amount of time that the competitor is late plus 1 minute.
 - More than 15 minutes late: Disqualification.
- Missing a Transfer Cut Off Time:
 - Up to 15 minutes late: The amount of time that the competitor is late plus 1 minute.
 - More than 15 minutes late: Disqualification.
- Approved replacement of a frame, a fork/rear shock, or a wheel: 3 minutes.
- Unapproved replacement of a frame, a fork/rear shock, or a wheel: Disqualification.
- Violation of any rule in Section 14: Disqualification.
- Littering: 10 minutes.

13.2 Observation of Rule Violation

If an NAEC Organizer, Course Marshall, or Silver Mountain Bike Park employee observes a rule violation and it is reported, the presumption of the NAEC Organizers is that the rule violation occurred. The competitor who committed the violation has the burden of demonstrating to the NAEC Organizers that the violation did not occur.

If a competitor observes a violation by another competitor, they may report it to the NAEC Organizers, a Course Marshall, Silver Mountain Bike Park employee. The alleging competitor must provide their name and a description of the alleged violation that occurred. The alleging competitor must be able to describe the competitor who allegedly violated the rule sufficiently, by accurately providing a description of the competitor who allegedly violated the rule, their clothing and bicycle, a race plate number, or any other information deemed necessary by the NAEC Organizers to enforce a time penalty or disqualification. If a competitor reports another competitor for a violation of these rules, the alleging competitor must make the report with the NAEC Organizers prior to the results being tabulated as described in [Section 11](#). In extremely unusual or egregious situations, this reporting deadline does not apply and the NAEC Directors may enforce a time penalty or disqualification at any time before, during, or after the NAEC.

13.2 Appeals

Any appeal of a time penalty or disqualification shall be made to the NAEC Organizers. Appeals must be made in person to the NAEC Organizers by the competitor who has received a time penalty or disqualification and, if applicable, the competitor's team manager. Any appeal must be made before the start of the podiums on the end of the last Race Day. Once the podium awards begin, the results will be fixed and there is no appeal process available for competitors who have received a time penalty or disqualification.

14. E-Bike Rules

This Section 14 describes the additional rules applicable a competitor in the e-bike category. Competitors who violate these additional rules will be disqualified.

The “Class” of e-bike referenced in this Section 14 are the same Classes of e-bikes designated by the United States National Highway Transportation Association.

14.1 E-Bike Equipment and Requirements

Competitors in the e-bike categories must have an e-bike with a motor that provides assistance only when pedaling. This generally includes all Class 1 e-bikes. Class 2 e-bikes are permitted, but if a competitor is using a Class 2 e-bike (or has modified a Class 1 e-bike to include a throttle) the throttle must be deactivated for the duration of all Race Days.

Class 3, and Class 4 e-bikes as well as any throttle-only controlled e-bikes that do not fall into those categories are not permitted.

A competitor’s e-bike motor is restricted to a maximum output of *less than* 750 watts and a maximum speed of 20 mph/28 kph before the pedal-assist deactivates.

14.1.1 Specific Battery Rules

Except as provided in this Section 14.1.1, competitors must use the same e-bike battery they begin each Race Day with for the duration of the Race Day. Generally, competitors are not allowed to change or charge batteries, and are must not use range extenders while on the Race Course on Race Days. This is intended to ensure that competitors strategically choose how much pedal assist they use while competing.

Competitors may replace an e-bike battery with one that has been checked into the Bag Check consistent with [Section 10.3](#) or otherwise receive a battery from Neutral Support if that arrangement has been made with the Neutral Support vendor.

If designated by the NAEC Organizers, competitors may charge their e-bike battery during a Race Day in the designated Charging Area. A competitor may not charge their e-bike battery while racing on a Race Day outside of the designated Charging Area.

If a competitor replaces an e-bike battery outside of these rules, they will be disqualified.

14.2 E-Bike Power Stage

The e-bike category may include a Power Stage. A power stage will function the same as a general Race Stage, but it will include a significantly more climbing than a standard Race Stage. Power Stages are only for competitors in the e-bike category.

15. Additional Rules

This Section 15 address additional, general rules that competitors must abide by.

All competitors must observe the rules and regulations of the host of the NAEC, Silver Mountain Resort. Failure to follow the rules of Silver Mountain Resort will result in an appropriate time penalty or disqualification. This includes, but is not limited to, observation of quiet hours, payment of any fees or charges imposed by Silver Mountain Resort for any privilege or activity undertaken on Silver Mountain Resort property.

Competitors must complete all required legal waivers. Failure to accurately complete any waiver required by the NAEC Organizers and Silver Mountain Resort will result in disqualification from the NAEC.

Any typographical errors, inclusions, or omissions from this Rulebook are unintentional. If there is a dispute regarding errant words or language in this Rulebook, the interpretation of the NAEC Organizers is controlling as to how the rule should apply to a given situation.

Competitors must dispose of waste in the appropriate trash receptacle. This includes all forms of single-use plastics (tear offs, wrappers, etc. A competitor who litters will receive a 10-minute time penalty.



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